Tashahhud

Issue No.1- In the second unit and the last unit of all prayers, one should sit after the second prostration with a tranquil body, and recite tashahhud.

Issue No.2- The Zikr of Tashahhud is: "Ash hadu anla ilaha illallah, wahdahu la sharika lah, wa ash hadu anna Muhammadan 'Abduhu wa Rasuluh, Allahumma salli 'ala Muhammadin wa Aali Muhammad".

Issue No.3- It is Mustahab to say: 'Al-hamdu lillah' before reciting tashahhud.

It is also Mustahab to say this after tashahhud: Wa taqabbal shafa'atahu warfa' darajatah.
